



401 E. Seminole Blvd  
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City of Sanford Home  
Monthly Calendar  
Golden Age Games



## CITY OF SANFORD SENIOR CENTER ACTIVITIES

**For information on these programs call 407.688.5129**  
**Senior Center Hours Mon-Fri 7:30am-4:30pm**

Adult Craft Group	Monday 9AM
C.F. Quilters Guild	4th Thurs 7:30PM
Coastliners	1st Wed 10AM
H2U	3rd Thurs 11AM
Over 50 Club	2nd & 4th Tues 10:30AM
Sanford Sr Citizens	1st & 3rd Tuesday 11AM
T.O.P.S.(Take Off Pounds Sensibly)	Tuesdays 5:30PM

Bridge Contract (Open)	Mondays 10:45AM
Scrabble	Tuesdays 1PM

Bingo	Fridays 1:30 PM
Mah Jongg	Fridays 10AM
Movies	Tues. 1 PM
Reverse Mortgage Info	2 <sup>nd</sup> Thursdays 11AM
S.H.I.N.E Medicare Help	1 <sup>st</sup> Thursdays 1PM

Big Band Dance (Oct-April)	Wednesdays 2PM-4PM
C/W Line Dancing	Tuesdays 5:30PM
Line Dancing	Wed. & Fri 10:00AM-Noon
Seniorcise(Sr. Jazzercise)	Mon. Wed. Fri 9AM
Sittercise	Mon & Thursdays 1:30PM
Tap Dance	Wednesdays 10:00AM
Water Aerobics(June-Sept)	Tues & Thurs 10:00AM

### Field Trips in 2010

Ybor City	April 27th
Ringling Museum	May 11th
Sunken Gardens & Vinoy Hotel	June 16th

### Special Events in 2010

AARP 55 Drive Alive	Call Center for Dates
AARP Tax Help Mon. & Wed 9am-1pm	Feb 1 <sup>st</sup> -April 14th
St. Patrick's Day Luncheon	March 16 <sup>th</sup>
Ice Cream Social	May 6th
Weiner Roast	July 1 <sup>st</sup>
Spaghetti Italian Feast	September 9 <sup>th</sup>
Golden Age Games	Nov. 6 <sup>th</sup> -12 <sup>th</sup>
Holiday Party	December 9 <sup>th</sup>

